

# FETAL ALCOHOL SPECTRUM DISORDER (FASD)

APSU Office Use Only

## Australian Paediatric Surveillance Unit

If you have any questions about this form, please contact the APSU (02) 9845 3005  
or email [SCHN-APSU@health.nsw.gov.au](mailto:SCHN-APSU@health.nsw.gov.au)

Study ID #:

Month/Year Report:

*Instructions: Please answer each question by ticking the appropriate box or writing your response in the space provided.  
DK=Don't Know; NA = Not Applicable*

Version 5: 16-09-2019

### REPORTING CLINICIAN'S DETAILS

1. APSU Dr Code/Name: \_\_\_\_\_ / \_\_\_\_\_

2. Date form completed: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### PATIENT'S DETAILS

3. First 2 letters of first name: \_\_\_\_

4. First 2 letters of surname: \_\_\_\_

5. Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

6. Sex:  Male  Female

7. Postcode of family: \_\_\_\_\_

8. Date of diagnosis: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

9. Did you make the FASD diagnosis?

Yes (**please go to Q10**)

No – If this patient is primarily cared for by another physician who you believe could provide additional details, please write their name below and return this form to the APSU. If no other report is received for the child, we will contact you for further information.

Physician's name: \_\_\_\_\_

Clinic/Hospital: \_\_\_\_\_

### PATIENT'S FAMILY BACKGROUND

10. Ethnic background for both birth mother and father  
(tick all that apply):

Caucasian  Asian  Aboriginal  Torres Strait Islander  
 African  Pacific Islander  DK  
 Other (specify): \_\_\_\_\_

11. Who is the child's primary carer?

Biological parent/s  Grandparent/s  Foster carer/s  
 Adoptive parent/s  Other (specify): \_\_\_\_\_

12. Have any of the child's siblings been diagnosed with FASD?

Yes  No  NA – no siblings  DK

12a. If yes, specify who:

13. Have either of the child's birth parents been diagnosed with FASD?

Yes  No  DK

13a. If yes, specify who:

### DIAGNOSTIC CRITERIA – prenatal alcohol exposure

14. Was prenatal alcohol exposure:

Confirmed present  Unknown

15. What was the source of information about prenatal alcohol exposure? (tick all that apply)

Birth mother  Direct witness  
 Official records (e.g. medical, legal, child protection)  
 Other (specify): \_\_\_\_\_

16. In your judgement, what is the reliability of the information about alcohol exposure?

High  Low  Unknown

17. Please complete the following AUDIT-C questions:

(a) How often did the birth mother have a drink containing alcohol during this pregnancy?

Unknown  2-4 times a month<sub>2</sub>  
 Never<sub>0</sub> (**please go to Q18**)  2-3 times a week<sub>3</sub>  
 Monthly or less<sub>1</sub>  4 or more times a week<sub>4</sub>

(b) How many standard drinks did the birth mother have on a typical day when she was drinking during this pregnancy?

Unknown  5 or 6<sub>2</sub>  
 1 or 2<sub>0</sub>  7 to 9<sub>3</sub>  
 3 or 4<sub>1</sub>  10 or more<sub>4</sub>

(c) How often did the birth mother have 5 or more standard drinks on one occasion during this pregnancy?

Unknown  Monthly<sub>2</sub>  
 Never<sub>0</sub>  Weekly<sub>3</sub>  
 Less than monthly<sub>1</sub>  Daily or almost daily<sub>4</sub>

18. What was the total AUDIT-C score?

(calculate by adding the corresponding subscripts in a, b and c)

18a. What was the AUDIT-C category of risk?  
(according to the total score range in subscripts)

No exposure<sub>0</sub>  Confirmed high-risk exposure<sub>5+</sub>  
 Confirmed exposure<sub>1-4</sub>

**DIAGNOSTIC CRITERIA – neurodevelopmental domains**

19. Was there severe impairment in 3 or more neurodevelopmental domains?  Yes  No  DK

20. Which domains were assessed?

Domains <i>(tick all that apply)</i>	Degree of impairment?		
<input type="checkbox"/> Brain structure/neurology	<input type="checkbox"/> None	<input type="checkbox"/> Severe	
<input type="checkbox"/> Motor skills	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Cognition	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Language	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Academic achievement	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Memory	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Attention	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Executive function, including impulse control and hyperactivity	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Affect regulation	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe
<input type="checkbox"/> Adaptive behaviour, social skills or social communication	<input type="checkbox"/> None	<input type="checkbox"/> Some	<input type="checkbox"/> Severe

**Brain structure/neurology domain**

21. Was the child’s head circumference ≤ 3rd percentile at any time?  Yes  No  DK

21a. If yes, *specify* age when recorded: \_\_\_\_\_

22. Which of the following tests have been performed?  None  Brain MRI  Brain CT  EEG  DK

23. Was a structural brain or EEG abnormality detected?  Yes  No  DK

23a. If yes, *specify* abnormality: \_\_\_\_\_

24. Was there evidence of a neurological condition otherwise unexplained?  Yes  No  DK

24a. If yes, *specify* condition:  Seizure disorder  Cerebral palsy  Hearing impairment  Visual impairment  Other (*specify*): \_\_\_\_\_

25. If the child is < 6 years of age, was there global developmental delay?  Yes  No  DK

25a. If yes, *specify* age of this diagnosis: \_\_\_\_\_ years \_\_\_\_\_ months  DK

**DIAGNOSTIC CRITERIA – sentinel facial features**

26. What was the total number of sentinel FASD facial features?  None  1  2  3  DK

27. Which sentinel facial features were abnormal? *(tick all that apply)*  
 Short palpebral fissure length (*2 SD or more below the mean*)  
 Smooth philtrum (*philtrum rank 4 or 5 on Lip-Philtrum Guide*)  
 Thin upper lip (*lip rank 4 or 5 on Lip-Philtrum Guide*)

28. How were the sentinel facial features assessed? *(tick all that apply)*  
 Direct measurement  Lip-Philtrum Guide (Caucasian)  
 2D photographic analysis  Lip-Philtrum Guide (African American)  
 3D photographic analysis  Not assessed (***please go to Q32***)

29. What was the palpebral fissure length Z-score? \_\_\_\_\_  DK

29a. Which palpebral fissure charts were used?  
 Stromland  Clarren  Iosub  Hall  
 Other (*specify*): \_\_\_\_\_

30. What was the philtrum rank (1-5)? \_\_\_\_\_  DK

31. What was the lip rank (1-5)? \_\_\_\_\_  DK

**FASD DIAGNOSIS**

32. What is the child’s FASD diagnosis?  
 FASD with 3 sentinel facial features  
 FASD with *less than* 3 sentinel facial features  
 At risk of FASD  Incomplete assessment  
 Other (*specify*): \_\_\_\_\_

**PRENATAL FACTORS**

**33.** Was there prenatal exposure to the following substances?

- (a) Nicotine  Yes  No  DK
- (b) Cannabis  Yes  No  DK
- (c) Opioids  Yes  No  DK
- (d) Amphetamines  Yes  No  DK
- (e) Cocaine  Yes  No  DK
- (f) Phenytoin or valproate  Yes  No  DK
- (g) Prescription medication:  Yes  No  DK

If yes, *specify* medication/s: \_\_\_\_\_

(h) Other (*specify*): \_\_\_\_\_

**34.** Was there prenatal exposure to pregnancy complications (e.g. infection, diabetes, hypertension)?

- Yes  No  DK

**34a.** If yes, *specify* exposure: \_\_\_\_\_

**35.** Was there prenatal growth impairment with:

- (a) weight  $\leq$  3rd percentile for gestation  Yes  No  DK
- (b) length  $\leq$  3rd percentile for gestation  Yes  No  DK

**POSTNATAL FACTORS**

**36.** Was there postnatal exposure to the following?

- (a) Early-life trauma  Yes  No  DK
- (b) CNS infections (e.g. meningitis)  Yes  No  DK
- (c) Significant head injury  Yes  No  DK
- (d) Other (*specify*): \_\_\_\_\_

**37.** Was there postnatal growth impairment with:

- (a) weight  $\leq$  3rd percentile for gestation  Yes  No  DK
- (b) length/height  $\leq$  3rd percentile for gestation  Yes  No  DK

**38.** Has the child ever been in out-of-home care?

- Yes  No  DK

**38a.** If yes, *specify* time the child has been in out-of-home care: \_\_\_\_\_ months  DK

**CONCURRENT DIAGNOSES**

**39.** Does the child have any of the following conditions?

- (a) Attention-deficit hyperactivity disorder  Yes  No  DK Type/Details: \_\_\_\_\_
- (b) Trauma/stress-related/attachment disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (c) Autism spectrum disorder  Yes  No  DK Type/Details: \_\_\_\_\_
- (d) Intellectual disabilities  Yes  No  DK Type/Details: \_\_\_\_\_
- (e) Communication disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (f) Specific learning disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (g) Motor disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (h) Anxiety disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (i) Mood disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (j) Disruptive/impulse control/conduct disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (k) Sleep disorders  Yes  No  DK Type/Details: \_\_\_\_\_
- (l) Other (*specify*): \_\_\_\_\_

**40.** Does the child have any *major* congenital anomalies (e.g. heart, lung, kidney)?

- Yes  No  DK

**40a.** If yes, *specify* anomalies: \_\_\_\_\_

**41.** Does the child have any *minor* congenital anomalies (e.g. clinodactyly, epicanthic folds, midface hypoplasia)?

- Yes  No  DK

**41a.** If yes, *specify* anomalies: \_\_\_\_\_

**OTHER INVESTIGATIONS**

**42.** Has the child had a chromosomal microarray analysis?

- Yes  No  DK

**42a.** If yes, *specify* results:

- Normal  DK
- CNV of known significance  CNV of unknown significance
- Deletion details: \_\_\_\_\_ Duplication details: \_\_\_\_\_

**43.** Has the child had Fragile X testing?

- Yes  No  DK

43a. If yes, *specify* results:

Normal                       Abnormal                       DK

Details: \_\_\_\_\_

44. Has the child had whole exome sequencing?

Yes       No       DK

44a. If yes, *specify* results:

\_\_\_\_\_

45. Has the child had any other relevant abnormal results  
(e.g. ferritin, CK, urine metabolic screen, lead)?

Yes       No       DK

45a. If yes, *specify* tests and results:

\_\_\_\_\_

#### MANAGEMENT

46. Which services have been or are currently being accessed by the child?

General or developmental paediatrics       Occupational therapy  
 Psychology       Speech pathology  
 Physiotherapy       Social work  
 Early childhood intervention       Educational support  
 Child protection services       NGOs  
 Other (*specify*): \_\_\_\_\_

47. Does the child receive NDIS funding?

Yes       No       DK

48. Has the family been informed about the National Organisation for Fetal Alcohol Spectrum Disorders (NOFASD)?

Yes       No       DK

***Thank you for your help with this research project.***

***Please return this questionnaire to the APSU via email to [SCHN-APSU@health.nsw.gov.au](mailto:SCHN-APSU@health.nsw.gov.au) or fax to 02 9845 3082***

***or mail to Australian Paediatric Surveillance Unit, Kids Research, Locked Bag 4001, Westmead NSW 2145 – even if you don't complete all items***

The APSU is affiliated with the Royal Australasian College of Physicians (Paediatrics and Child Health Division) and the Faculty of Medicine and Health, the University of Sydney.

The APSU is funded by the Australian Government Department of Health.

This study has been approved by a Human Research Ethics Committee properly constituted under NHMRC guidelines.